



Mountain Lion BackPack Program

"Food for kids for the weekends"

"Fill A Bag" Food Drive

Thank you for supporting the Mountain Lion BackPack Program! 1 in 4 children in our area don't know where their next meal is coming from and are fighting childhood hunger. With your help and the community we can continue to provide food for elementary students in need from Kindergarten to 5th Grade within the Altoona Area School District.

It's easy to get involved and help the Mountain Lion BackPack Program! With our "Fill A Bag" Food Drive you can easily collect food donations in your neighborhood or from friends and family. Follow the steps below to collect donations.

1. Get together paper grocery bags, reusable totes, or any type of bag that people can easily fill with food items we need.
2. Decide who you are going to distribute your bags to - neighbors, family, friends, etc.
3. Fill out the next page with your drive information and print out a sheet for each bag you are handing out.
4. Attached the flyer to each bag.
5. Hand out your bags and information to everyone you are collecting from.
6. On your collection day - collect your bags full of food donations.
7. Contact the us via email or social media to schedule a drop off date and time for the donations you collected.
 - Email at mountainlionbp@blaircap.org
 - FB: Mountain Lion BackPack Program
 - IG: MountainLionBackPackProgram
8. Drop off the donations you collected on your scheduled date and time to us at our warehouse space at the corner of Beale Ave. & 29th Street.

If you need service hours, be sure to keep track of your time getting the bags ready, handing out, and collecting. Our director will sign any forms for your hours for collecting donations.

Any questions or additional information needed, please contact Program Director, Amber Smith via email at mountainlionbp@blaircap.org or via our social media pages.



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_____ is collecting food donations for the Mountain Lion BackPack Program. Please take the attached bag and fill with items from our Most Needed Food List below.

Most Needed Food

- Mac & Cheese
- Canned Pasta or Pasta Cups
- Ramen Noodles
- Soup
- Peanut Butter
- Cracker Packs
- Juice Boxes or Pouches
- Oatmeal - individual packets
- Cereal - individual servings
- Granola Bars
- Pudding Cups
- Fruit Cups

Fill the bag attached with your donation and leave outside your door for me to pick up on _____.

If you would like to make a monetary donation, please mail checks payable to the Mountain Lion BackPack Program and mail to
2301 Beale Ave., Altoona, PA 16601.

Thank you in advance for your donation and support!